

# 10 YEARS YOUNGER?

(well, 4 at least!)

It was hard to miss Samantha gushing about Botox in the new Sex & the City movie. Even though I've heard lots about Botox, I have to admit I didn't really know much about it. The SATC endorsement was enough for me to finally pluck up the courage to find out.

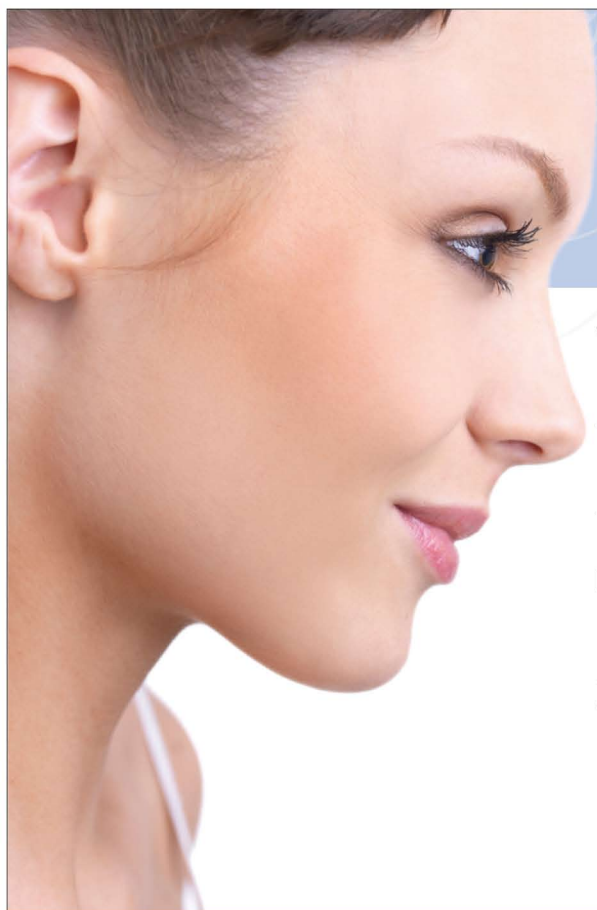
One thing I did know was that I'd make sure I found a fully qualified doctor to do it. So, with a recommendation from a close friend, I visited the Townshend Skin Clinic in St Giles Terrace, Northampton.

Inside a beautiful town house is an oasis far removed from a surgery waiting room (look out for the gorgeous designer wallpaper!). Definitely the kind of place Samantha would have her Botox done though I

suspect it would also have something to do with Dr Townshend! (As it turns out, he's actually a 'Mr' since he's trained as a surgeon).

All consultations are free so I wasn't worried that I'd feel pressured to go ahead with treatment if I didn't want to. I needn't have worried – most of the things I was concerned about weren't actually true (no, Botox wasn't going to poison me and yes, I would still look natural after).

After discussion, I had my crow's feet treated and a week later, it really has worked wonders. The best bit is that nobody need know, they just say how well I'm looking! I don't suppose I'm 10 years younger but the clinic's strap line of "it only takes minutes to take off years" certainly is true.



## IT ONLY TAKES MINUTES TO TAKE OFF YEARS...

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